

# Bachelor of Applied Counselling

## School of Health and Counselling Programme Guide 2022

### Course of study and programme specific completion requirements.

This programme guide (PG8 H and C) provides you with specific programme information and course summaries for the Bachelor of Applied Counselling.

The latest online version of this programme guide (PG8 H and C) and timetable is available online <https://www.manukau.ac.nz/HandC-programme-guides-and-timetables>

For this programme, you will need to have access to a computer and the internet to retrieve course materials, undertake assessments and to participate in course online activities Please see page 5 for recommended minimum specifications.

#### PROGRAMME OFFERED:

MN4558 BACHELOR OF APPLIED COUNSELLING (LEVEL 7)	PAGE 2
COURSE SUMMARIES	PAGE 4
TE ARA ORANGA Māori and Pasifika Pathways	PAGE 6
COVID—19 PUBLIC HEALTH RESPONSE (VACCINATIONS) ORDER 2021	PAGE 6

#### If you require information about the progress of your enrolment contact:

Ask Me!  Student Services Centre 0800626252 [enquiries@manukau.ac.nz](mailto:enquiries@manukau.ac.nz)

#### If you require help planning your course of study:

Ask Me!  Student Services Centre 0800626252 [enquiries@manukau.ac.nz](mailto:enquiries@manukau.ac.nz)

Some programmes require you to refer to this information during the academic year. We recommend that you file this document for safe keeping.

#### SCHOOL OF HEALTH & COUNSELLING

MIT Manukau Campus, Ask Me! Atrium, Ground Floor  
Corner of Manukau Station Road and Davies Avenue  
Private Bag 94 006 Auckland 2241  
0800 62 62 52 | [manukau.ac.nz](http://manukau.ac.nz) | [enquiries@manukau.ac.nz](mailto:enquiries@manukau.ac.nz)

# Bachelor of Applied Counselling

LEVEL 7 MN4558

<b>Method of study</b>	Online learning and support with four one-week+ workshops and practicums in Year 2 and 3.
<b>Qualification</b>	MIT Degree
<b>Duration</b>	Three years (full-time) (37 hours a week) or part-time (18.5 hours a week)
<b>Start dates</b>	February and July
<b>Credits</b>	360
<b>Cost (2022 Fees)</b>	<a href="#">Click here to see a list of domestic course fees</a>

## ABOUT THE PROGRAMME

To study the Bachelor of Applied Counselling you will need to complete the following 21 courses:

### Semester 1

661.509 Whakato: Foundation of Te Tiriti o Waitangi based practice (15 credits)

752.572 Introduction to Counselling 1 (30 credits)

752.575 Introduction to Human Development (15 credits)

### Semester 2

752.571 Professional Counselling Practice (15 credits)

752.573 Introduction to Counselling 2 (15 credits)

752.576 Introduction to Psychology (15 credits)

752.577 Diversity and Sociological Principles (15 credits)

### Semester 3

752.659 Working with Children and Young People (15 credits)

752.662 Addiction and Mental Health (15 credits)

763.614 Counselling Theory and Practice A (15 credits)

763.616 Creative and Expressive Approaches to Counselling (15 credits)

### Semester 4

763.615 Counselling Theory and Practice B (15 credits)

661.605 Whakatapu: Development Te Tiriti o Waitangi base (15 credits)

763.617 Counselling interventions in Practice (15 credits)

752.663 Working with Trauma (15 credits)

### Semester 5

752.713 Development of Counselling Practice (30 credits)

763.712 Developing Issues Focused Practice (15 credits)

752.714 Working with Relationships/Families/Whanau (15 credits)

### Semester 6

752.712 Presentation and Review Counselling Practice (30 credits)

661.703 Whakatinana: Implementing Te Tiriti o Waitangi Based Practice (15 credits)

762.705 Social Research (15 credits)

**To be awarded the Bachelor of Applied Counselling you need to successfully complete a total of:**

360 credits at Level 5 and above

Minimum of 120 credits at Level 5

Minimum of 150 credits at Level 6

Minimum of 90 credits at Level 7

All compulsory courses

### +Wānanga Onsite Talanoa (WOT) weeks

These WOT weeks are compulsory and provide a great opportunity to get together with fellow students and participate in casework sessions under the guidance of your lecturer.

To help facilitate your learning we use case scenarios relating to every day, contemporary issues and provide a wonderfully supportive forum for group discussion, interaction and reflection.

***If you study part-time you will only need to attend the days allocated to the specific course you're studying at the time.***

### Noho Marae

As a Year 3 student you will participate in a one day/one night Noho Marae to experience the learning material that demonstrates a Maori model of engagement and incorporates te reo me ona tikanga.

***Please note: this programme is not available to International Students***

## ENTRY REQUIREMENTS

All applicants must provide two-character references attesting the candidate's suitability for working as a counsellor; **and**

All applicants are required to declare whether they have been convicted of, or are being prosecuted for, a criminal offence. The Police Vetting Process will reveal all criminal convictions.

Please be aware that if you are going to be working with children, in certain circumstances some specified offences are not permitted, pursuant to the Vulnerable Children Act 2014. We recommend that you fully disclose all convictions to MIT prior to enrolment, so that we can discuss the potential implications on your eligibility to participate fully in your course of studies, including the practicum and your likely eligibility/suitability for employment once you graduate; **and**

Applicants may be required to provide a health declaration that they are emotionally, mentally and physically capable of undertaking the demands of the counselling programme as required in the New Zealand Association of Counsellors (NZAC) Code of Ethics (revised 2016) (see [http://www.nzac.org.nz/code\\_of\\_ethics.cfm](http://www.nzac.org.nz/code_of_ethics.cfm)). Further reports may be requested with the consent of the Applicant.

Applicants must meet the following entry requirements:

### University Entrance:

- NCEA Level 3
- three subjects - at Level 3 or above, made up of:
  - 14 credits each, in three approved subjects
- Literacy - 10 credits at Level 2 or above, made up of:
  - 5 credits in reading
  - 5 credits in writing
- Numeracy - 10 credits at Level 1 or above, made up of:
  - achievement standards – specified achievement standards available through a range of subjects, or
  - unit standards - package of three numeracy unit standards (26623, 26626, 26627- all three required).

or

Successfully completed a minimum of 60 credits at level 4 in the area of Social Science, Health Sciences or Education e.g. New Zealand Certificate in Health and Wellbeing Level 4 (Strands in Social Services, Mental Health and Addiction Support, Community Health Work).

### English Language entry requirements

Applicants must have sufficient competence in the English language to undertake this programme which is taught and assessed in English.

Any Applicant whose first language is not English may be required to provide evidence of their English language competency as follows:

Have English language competence to undertake this programme which is taught and assessed in English. Any applicant whose first language is not English will be required to provide evidence of an overall IELTS (Academic) band score of 6.5 (with no score below 6.5) or equivalent achieved within the preceding 2 years.

This will be demonstrated by meeting the current NZQA requirements. For the minimum English language requirements refer to the following website <http://www.nzqa.govt.nz/about-us/our-role/legislation/nzqa-rules/nzqf-related-rules/programme-approval-and-accreditation/app-2/the-table/> and <http://www.nzqa.govt.nz/about-us/our-role/legislation/nzqa-rules/nzqf-related-rules/programme-approval-and-accreditation/8/18/>

### Regulatory requirements

Not applicable.

### Interviews

In accordance with NZAC's criteria for the selection of counselling personnel, all applicants will be interviewed to determine personal, academic and professional readiness to study professional counselling.

### Provisional Entry

Students who have attained the age of 20 years and do not hold the minimum entry requirements for a programme will be eligible to be enrolled as a student where their previous educational, work or life experience indicates they have a reasonable likelihood of success. Students who have not attained the age of 20 years and do not hold the required minimum entry requirements for a programme may also be eligible to enrol in exceptional circumstances. Such decisions will be made by the Head of School.

# COURSE SUMMARIES

## LEVEL 5

### **661.509 Whakato: Foundations of Te Tiriti o Waitangi Based Practice**

As Counsellor educators we are committed to the advancement of 'indigenous & bicultural professional practice contextualised within Aotearoa New Zealand. You will demonstrate your understanding of Te Tiriti o Waitangi and its application to the counselling sector in this introductory course.

### **752.572 Introduction to Counselling 1**

Introduces you to the practice and skills of counselling. During WOT week there is a special emphasis on the development of your counselling skills.

### **752.575 Introduction to Human Development**

This introduces you to human development theories and concepts that underpin counselling practice.

### **752.573 Introduction to Counselling 2**

Continues your development of selected approaches for counselling practice and integrates these with practice skills developed in Introduction to Counselling 1.

### **752.571 Professional Counselling Practice**

Introduces you to self-reflective practice and prepares you for practicum in level 6. While studying this course, you will have to consider where you would like to do your practicum that fits in with your life and work commitments. This will need to be approved by the practicum co-ordinator.

### **752.576 Introduction to Psychology**

Introduces you to a range of psychological theories, frameworks and concepts that underpin counselling practice and allow development of a greater understanding of the social world in which they live.

### **752.577 Diversity and Sociological Principles**

You will explore difference and sociological perspectives within the context of a New Zealand society. The effects of difference are examined at the level of personal and professional practice.

## LEVEL 6

### **752.659 Working with Children and Young People**

In this course you will develop a cooperative learning environment in which they practice and develop your skills and knowledge in working with children and young people.

### **752.662 Addiction and Mental Health**

You will develop an understanding of theory and practice for using interventions with addiction issues.

### **763.614 Counselling Theory and Practice A**

You will demonstrate integration of theory to practice for initial stages of counselling practice including 40 hours or Practicum.

### **763.616 Creative and Expressive Approaches to Counselling**

In this course you explore the theoretical basis and practical activities for the use of expressive therapies in counselling in an integrative approach which draws from creative arts therapies, including use of art, music, movement, therapeutic writing and symbols.

### **661.605 Whakatupu: Development of Te Tiriti o Waitangi Practice**

Building upon knowledge and skills acquired from Whakato. You will continue to develop your own analysis of colonization and how the process impacted on Māori society.

### **763.615 Counselling Theory and Practice B**

You will demonstrate integration of theory to practice for all stages of counselling practice. Includes 60 hours of Practicum.

### **763.617 Counselling Interventions in Practice**

You will develop an understanding of theory and practice in relation to using interventions.

### **752.663 Working with Trauma**

This course explores the effects trauma has on people's development in relation to their psyche, body, relationships, work and spirituality.

## LEVEL 7

### **752.713 Development of Counselling Practice**

You will develop and synthesise reflective practice in relation to counselling work

### **763.712 Developing Issues Focused Practice**

You will develop an in depth understanding and skills for working with some key issues that they are likely to encounter in practice.

### **752.714 Working with Relationships/Families/Whanau**

This course will introduce you to theory and practical skills for working with couples and families/whanau.

### **762.705 Social Research**

This course will assist you to undertake small research projects.

### **752.712 Presentation and Review of Counselling Practice**

You will develop and synthesise integration of theory, practice and self-awareness into counselling practice.

### **661.703 Whakatinana; Implementing Te Tiriti o Waitangi based Practice**

This course consolidates previous Te Tiriti o Waitangi based courses learnt in the Bachelor of Applied Counselling and teaches you how to apply treaty-based practice approaches to counselling practice.

## BRING YOUR OWN DEVICE (BYOD)

As technology and wireless internet become more accessible, Bring Your Own Device (BYOD) is a standard feature of secondary and tertiary education. When onsite, MIT Manukau campus offers free wireless and has been designed to support BYOD.

### If you decide to purchase a new laptop

If you do not currently own a laptop or are thinking of buying a new one, we recommend you purchase one with the following specifications, to future proof your needs and ensure a great experience;

- Windows 10 (or Mac OS 10.x Yosemite or higher)
- i3 dual core or equivalent processor
- 4GB RAM (at least 8GB for all IT programmes)
- 320GB or greater hard drive
- Wireless capability 802.11n dual band
- At least a 13-inch screen
- Up-to-date antivirus software

### If you currently own a laptop

Be sure that it has these minimum specifications or above, to use at MIT Manukau campus. The minimum specifications are;

- A 10-inch screen or larger
- 4GB RAM (at least 8GB for all IT programmes)
- 50GB free space minimum
- Windows v7.0 or higher (XP will not work)
- Apple Mac 10.6 (Leopard) or higher
- Wireless capability 802.11n dual band
- CPU meets vendor OS minimum requirements

## What about software?

Most prescribed software required for your programme of study will be channeled via the BYOD portal called Citrix. This means you don't have to purchase and install them onto your device provided you **have access to the internet**.

Whilst onsite, you will connect to MIT's WIFI network. Once offsite, you will need to access your home network in order to access Citrix.

Please note however, some software used in the specialist labs i.e. networking and multi-media labs are not available on Citrix. These applications are only available on the specialist lab computers.

### Microsoft 365

In addition to Citrix, MIT provides Microsoft Office to every student **free of charge while you are enrolled as a student**. This means the latest version of the full Office productivity suite including Word, Excel, PowerPoint, OneNote is available for you to download onto your Windows, Mac or iPad (allowing you to use these applications on or off line).

You can install Microsoft Office on up to 5 compatible PCs and Macs, plus 5 tablets (including iPad!).

## Financing options

Most students will find they already own a laptop that is suitable for study at MIT Manukau.

For those that need to purchase a new laptop, there are a number of ways to finance it.

- Students can use the Studylink annual course materials allowance to purchase their device if they have an approved student loan. Please visit [www.studylink.govt.nz](http://www.studylink.govt.nz)
- A number of retailers; i3 direct, Cyclone online, PB Technologies and Noel Leeming offer special deals, discounts and financing options.

## Laptops for loan +

When onsite, laptops are available to borrow for up to four hours please visit <https://library.manukau.ac.nz/laptops>

They may be borrowed from the MIT Manukau Library during Library opening hours.

- you must present your student ID card to borrow laptops
- Laptops are issued for up to four hours at a time
- Borrowers are responsible for the replacement cost of the laptop if it is damaged, lost or stolen.
- Laptops must be returned the day they are issued

+please note numbers are limited

## GRADE TABLE

### PASSGRADES

A+	90 – 100
A	85 – 89
A-	80 - 84
B +	75 - 79
B	70 - 74
B-	65 - 69
C+	60 - 64
C	55 – 59
C-	50 - 54
AP	Aegrotat Pass
CP	Conceded Pass
CC	Cross Credit
RPL	Recognition of prior Learning

### FAIL GRADES

D	40 – 49
E	Below 40
F	Failed compulsory assessment
NC	Did not complete the course
FCW	Failed Course Work

## TE ARA ORANGA (TAO)

If you are of Māori or Pasifika descent then you also have access to Te Ara Oranga while studying this programme. Te Ara Oranga will support you to succeed in a way that suits your needs and you will get connected with industry, opening doors to your health career pathway. Register with Te Ara Oranga by filling out an application form online. If you need assistance with your application or if you would prefer a paper form email the TAO team [tearaoranga@manukau.ac.nz](mailto:tearaoranga@manukau.ac.nz) Their hours online are 7am – 7pm Monday to Friday.

## COVID-10 PUBLIC HEALTH RESPONSE (VACCINATIONS) ORDER 2021

In accordance with the COVID-19 Public Health Response (Vaccinations) Order 2021, Covid vaccinations are mandatory for workers in the healthcare and education sector. Placement is a compulsory component of MIT's healthcare and education programmes. To go on placement in these sectors, students will need to be fully vaccinated and provide proof of vaccination to MIT. Students that hold a medical exemption that prevents them from being vaccinated are permitted to work in the healthcare and education sectors, but will have limited placement opportunities. Students that are not vaccinated, or that do not wish to share their vaccination status with MIT, will not be able to go on placement in the healthcare and education sectors and, accordingly, will not be able to complete their programme. If you hold a medical exemption, or if you are unable or unwilling to provide proof of vaccination to MIT, we encourage you to contact us to discuss our options.

NOTE: Every effort is made to ensure that this Programme Guide is correct at the time of printing. However, the School of Health and Counselling reserves the right to make any changes that may be necessary.